

FORT CAVAZOS COMMUNITY SERVICES COUNCIL MEETING – January 31, 2024

10:30 am – 12:00 pm

Lone Star Conference Center

WiFi - Passcode: zse45^&UJM

Welcome

Ms. Donna Morrissey
Army Community Service (ACS)
Director
donna.m.morrissey.civ@army.mil

1. Opening Remarks

LTG Sean C. Bernabe
III Armored Corps and Fort Cavazos
Commanding General

COL Lakicia Stokes
Fort Cavazos
Garrison Commander

2. Awards Presentation

- a. Volunteer
- b. Adopt-A-School

Mrs. Diane Williams
Employment and Volunteer Services Branch
ACS Specialist
(254) 287-2327
diane.williams50.civ@army.mil

Ms. Terri Jones
School Liaison Officer
(254) 288-7946
theresa.l.jones36.naf@army.mil

3. Administrative Remarks
Blue Card Updates

Ms. Donna Morrissey
Army Community Service (ACS)
Director
donna.m.morrissey.civ@army.mil

4. Community Updates

- a. Carl R. Darnall Army Medical Center
- Healthcare Update
- b. Child & Youth Services
- 2024 Education Summit
- CYS Hourly Care
- c. Institute for Military and Veteran Family Wellness
- REACH Study at Fort Cavazos

COL Garrick L. Cramer
Commander
(254) 288-8001
garrick.l.cramer.mil@health.mil

Ms. Terri Jones
School Liaison Officer
(254) 288-7946
theresa.l.jones36.naf@army.mil

Mrs. Olivia Stelter
Research Coordinator
(423) 471-1062
olivia.stelter@austin.utexas.edu

FORT CAVAZOS COMMUNITY SERVICES COUNCIL MEETING – January 31, 2024

**10:30 am – 12:00 pm
Lone Star Conference Center
WiFi - Passcode: zse45^&UJM**

- | | |
|---|---|
| d. <u>HeroBox</u>
- Program Initiatives | Mrs. Kischel Burescia
Program Specialist
(801) 609-4376
info@herobox.org |
| e. <u>Armed Services YMCA</u>
- Program Initiatives | Ms. Sheri Yerrington
Executive Director
(254) 690-9622 ext.109
syerrington@asymca.org |
| f. <u>Fort Cavazos Family Scholarship Fund</u>
- Program Initiatives | Mrs. Angel Eagan
President
president@fortcavazosscholarship.org |
| g. <u>Off Post Upcoming Community Events</u> | Mr. Steven Moore
Public Affairs
Community Relations, Chief
(254) 287-7545
steven.moore32.civ@army.mil |
| h. <u>On Post Upcoming Community Events</u>
- MWR Upcoming Events | Ms. Summer Inwood
Family and MWR
Sports Fitness Aquatics, Chief
(254) 553-2710
summer.j.inwood2.naf@army.mil |
| 5. Open Discussion
- Audience Q&A | Ms. Donna Morrissey
Army Community Service (ACS)
Director
donna.m.morrissey.civ@army.mil |
| 6. Closing Remarks | |

The CSC Slides, Agenda and supporting documentation are available at
<https://cavazos.armymwr.com/programs/community-services-council-csc-meeting>

**For additional information, contact Army Community Service: (254) 553-1593, (254) 287-4471
or e-mail: usarmy.cavzos.imcom-fmwrc.list.community-services-council@army.mil**

Next CSC Meeting: 28 February 2024, at 10:30 a.m.



CSC Documents



<https://www.facebook.com/fortcavazosmwr>



Community Services Council Meeting 31 January 2024

☆☆☆☆ WE ARE THE ARMY'S HOME ☆☆☆☆



Some presentations and materials distributed at Community Services Council do not represent the views of the Army or Fort Cavazos and do not constitute an endorsement, recommendation, or favoring by the Army or Fort Cavazos.

U.S. ARMY Community Services Council Meeting 31 January 2024

SME Chart

1	III ARMORED CORPS INSPECTOR GENERAL (IG)	Danelle Greene	254-287-7209 danelle.r.greene.civ@army.mil	19	FMWR – BUSINESS & COMMUNITY RECREATION DIVISION (BCRD)	Lance Pooler	254-287-7406 lance.e.pooler.naf@army.mil
2	III ARMORED CORPS READY & RESILIENT (HEALTH PROMOTIONS)	LTC Burton Eissler	254-286-6833 burton.d.eissler.mil@army.mil	20	FMWR - CHILD & YOUTH SERVICES (CYS)	Sheila Curtis	254-288-3039 sheila.r.curtis.naf@army.mil
3	III ARMORED CORPS CHAPLAIN	CH (COL) Douglas Ball	254-287-3411 douglas.h.ball.mil@army.mil	21	FMWR - NON-APPROPRIATED FUNDS SUPPORT SERVICES (NAFSS)	Kathleen Ward	254-287-8106 kathleen.e.ward13.naf@army.mil
4	AMERICAN RED CROSS	Matthew Dang	254-287-0405 matthew.dang@redcross.org	22	FISHER HOUSE	Candice Ualesi	254-286-7927 candice.t.ualesi.naf@health.mil
5	ARMY & AIR FORCE EXCHANGE SERVICE (AAFES)	Charlyne Morganfield	254-532-6537 x 200 morganfieldc@aafes.com	23	FORT CAVAZOS SPOUSES CLUB (FCSC)	Courtney Flohr	President@Fortcavazosspousesclub.org
6	BOSS – (FMWR) ADVISOR	Tenesa Davis	254-287-0270 tenesa.l.davis.naf@army.mil	24	FORT CAVAZOS FAMILY SCHOLARSHIP FUND (FCFSF)	Angel Eagan	president@fortcavazos scholarship.org
7	CAVALRY FAMILY HOUSING	Joe Byrd	254-285-2345 joe.byrd@forhoodfh.com	25	FORT CAVAZOS VOLUNTEER CHILD CARE FUND (FCVCCF)	Jennifer Cegledi	FHVCCF@gmail.com
8	DEFENSE COMMISSARY AGENCY (DECA) - CLEAR CREEK	Vicki Walker	254-287-9055 vicki.walker@deca.mil	23	GARRISON SAFETY	Douglas Huddleston	254-287-3323 douglas.r.huddleston.civ@army.mil
9	DECA - WARRIOR WAY	Rachel Harty- Perez	254-287-8025 X 3001 rachel.hartyperez@deca.mil	27	LOGISTICS AND READINESS CENTER (LRC)	COL Jennifer Karim	254-287-1584 jennifer.s.karim.mil@army.mil
10	DIRECTORATE OF EMERGENCY SERVICES (DES)	Robert Adams	254-287-2511 robert.d.adams1.civ@army.mil	28	MILITARY FAMILY LIFE COUNSELING (MFLC)	David Gretsche	254-287-034 david.l.gretsche.civ@army.mil
11	DIRECTORATE OF HUMAN RESOURCES (DHR)	Lorri Golya	254-287-5103 lorri.a.golya.civ@army.mil	29	NETWORK ENTERPRISE CENTER (NEC)	Ronnie Gill	254-287-5775 ronnie.e.gill.civ@army.mil
12	DHR EDUCATION SERVICES	Sheri Buono	254-287-7353 sheri.l.buono.civ@army.mil	30	PEOPLE FIRST CENTER	CPT Rosa Meeks	254-285-5417 rosa.j.meeks.mil@army.mil
13	DHR RISK REDUCTION	Paula Blackwell	254-287-3378 paula.e.blackwell.civ@army.mil	31	PUBLIC AFFAIRS OFFICE (PAO)	Thomas Rheinlander	254-287-8506 thomas.e.rheinlander.civ@army.mil
14	DIRECTORATE OF PLANS, TRAINING, MOBILIZATION, AND SECURITY (DPTMS)	Leroy Stockland	254-288-3067 leroy.l.stockland.civ@army.mil	32	SANTA'S WORKSHOP AT THE GREAT PLACE	Marizza Stokes	president@forhoodsantasworkshop.com
15	DIRECTORATE OF PUBLIC WORKS (DPW)	Brian Dosa	254-287-5500 brian.l.dosa.civ@army.mil	33	THE POST THRIFT STORE	Jennifer Kirkpatrick	254-532-294 fhatspresident@gmail.com
16	EQUAL EMPLOYMENT OPPORTUNITY (EEO)	Wattanaporn Videtto	254-287-0245 wattanaporn.videtto.civ@army.mil	34	USAG CHAPLAIN	CH (COL) Luis V. Kruger	254-288-6545 luis.v.kruger.mil@army.mil
17	FMWR - ARMY COMMUNITY SERVICE (ACS)	Donna Morrissey	254-287-0346 donna.m.morrissey.civ@army.mil	35	UNITED SERVICE ORGANIZATIONS (USO)	Heather Krauss	254-768-2770 hkrauss@uso.org
18	FMWR - ACS FAMILY ADVOCACY PROGRAM MANAGER	Monique Russell	254-287-203 monique.c.russell.civ@army.mil				



WE ARE THE ARMY'S HOME



Welcome

Ms. Donna Morrisey

**Army Community Service (ACS)
Director**

(254) 287-0346

donna.m.morrisey.civ@army.mil



WE ARE THE ARMY'S HOME



LTG Sean Bernabe
III Armored Corps and Fort Cavazos
Commanding General

COL Lakicia Stokes
USAG Fort Cavazos
Garrison Commander



Awards Presentation



WE ARE THE ARMY'S HOME



Ms. Donna Morrisey

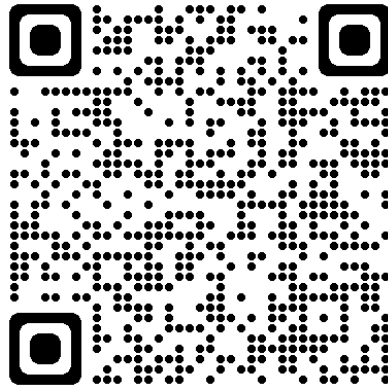
**Army Community Service (ACS)
Director**

(254) 287-0346

donna.m.morrisey.civ@army.mil



CSC DOCUMENTS



QR CODE
See back of the agenda
or
go online to

<https://cavazos.armymwr.com/programs/fort-cavazos-community-services-council-csc-meeting>



Blue Card Updates



WE ARE THE ARMY'S HOME



TOPIC 1: Optometrist on FCTX

EXPLANATION/DISCUSSION: We had a Soldier attempt to make an appointment in NOV and get told earliest availability on post was JAN. 1 Optometrist for all of FCTX. (He did receive an off-post referral).

PROPOSED RECOMMENDATION: Assign, contract or otherwise hire additional Optometrist.

RESPONSE: CRDAMC is aware of the gap in capacity with Optometry services and is actively working to bring additional Optometrists onboard through contract and civilian hiring. To mitigate the impact to Soldiers and unit Readiness, we are authorizing Optometry visits in the network. The Optometry clinic can still order glasses for any Soldier who requires them at no cost with the prescription they receive from the network provider. Units wishing to complete basic eye chart testing for Readiness can contact the Optometry clinic to receive training. Only Soldiers who notice a change in their eyesight or do not pass the eye chart with 20/20 vision require a visit to Optometry. CRDAMC is making every effort to utilize additional manpower where available to increase capacity and provide the quality of care our Soldiers and beneficiaries deserve. We sincerely apologize for the inconvenience this is causing both Soldiers and their units and we are tirelessly working to rectify the situation.



COL Garrick L. Cramer

**Carl R. Darnall Army Medical Center (CRDAMC)
Commander**

(254) 288-8001

garrick.l.cramer.mil@health.mil



WE ARE THE ARMY'S HOME



Activate a **NEW** prescription with Q-Anywhere

Q-Anywhere

How to use the new
CRDAMC Q-Anywhere Remote System
to activate new prescriptions

To activate new prescriptions for pick-up at Main Hospital Pharmacy or Clear Creek PX Pharmacy, use our remote system Q-Anywhere.



Once your request is submitted, you are free to read a book or run some errands and not wait in the pharmacy lobby. You will receive a text with your "Q" ticket number and later be notified when prescriptions are ready for pick-up. Your "Q" number is **valid for 72 hours.**

Alternatively, you may activate new prescriptions by calling the Pharmacy Call Center at **(254) 288-8800** or in-person by checking in at the pharmacy kiosk.

Patient's Q-Anywhere number
is valid for 72 hours

Medications must be picked
up within 7 business days

Q-Anywhere hours:
7:45 a.m.-3:30 p.m.

Thank you for trusting us with your care.



DARNAL
ARMY MEDICAL CENTER 



WE ARE THE ARMY'S HOME



U.S. ARMY Community Services Council Meeting 31 January 2024 Healthcare Delivery Update



Everyday **preventive actions** can reduce the spread of:

- Flu
- COVID-19
- RSV



It's quick! It's easy!
It's **Free!**

Get your
FREE COVID TESTS
delivered right to you.

Order now at COVIDTESTS.GOV
or call 1-800-232-0233

ASPR



WE ARE THE ARMY'S HOME



Ms. Terri Jones

**Child & Youth Services
School Liaison Officer**

(254) 288-7946

theresa.l.jones36.naf@army.mil



WE ARE THE ARMY'S HOME



- **Fort Cavazos 2024 Education Summit**
OPORD PW 22-05-0254

Purpose: Continued commitment to education and ensuring Families are better informed and prepared to make crucial decisions for their students, providing opportunity for community collaboration, increased awareness, and enhanced methods to support military connected students.

This initiative supports senior Army leaders' focus on people and Family.

All senior Command teams and their spouses are invited to the Education Summit, as well as community partners in education and area School Districts.



 **U.S. ARMY Community Services Council Meeting 31 January 2024**
Fort Cavazos 2024 Education Summit

Benefit of Attending: Gain essential information and resources to better support Families as their Soldiers support our Nation.

Previous Outcomes: Development of valuable information and helpful tools

Date: Friday, 09 February 2024

Time: 0900-1530

Location: Lone Star Conference Center, Bldg. 5764 24th Street and Wainwright Drive

Lunch: To be paid in advance with RSVP

For more information, call (254) 288-7946



CYS Resuming Hourly Care Beginning 8JAN24

Additional Information:

- 31 Slots opening (4 infant, 10 Pretoddlers, 7 Toddlers, 10 Preschool)
- Rates are \$8 per hour
- Orientation options
 - Completed online <https://Cavazos.ArmyMWR.com/programs/CDCparent>
 - By Appointment – Please call (254) 553-8353 to schedule appointment(s)
 - Hourly care may be reserved/charged in 30-minute or one-hour increments

Hours of operation

- 0800 – 1700 ages six weeks – two years of age
- 0800 – 1400 ages three – five years of age
- Runs concurrently with Killeen ISD school calendar

Please Note:

Hourly care is intended for occasional use and may not exceed 15 hours per week.





Hourly Care

Ages 6 Weeks to Preschool

Need short term child care for medical/dental appointments, workouts, volunteer commitments, or just need some alone time?

\$8 per hour, up to 15 hours per week

Online orientation can be completed at:

<https://Cavazos.ArmyMWR.com/programs/CDCparent>

Families MUST complete an hourly care orientation before making a reservation

Meadows CDC

Bldg 333, Tank Destroyer

Fort Cavazos

254-553-8353

Monday — Friday

8am - 5pm



Children must be registered with CYS in order to reserve hourly care. Please contact Parent Central Services to schedule a registration appointment, 254-287-8029 | Bldg 36000 Shoemaker Lane



Mrs. Olivia Stelter, MA

**Institute of Veteran and Military Family Wellness
Research Coordinator**

(512) 466-7997

olivia.stelter@austin.utexas.edu



WE ARE THE ARMY'S HOME



- **The Military Spouse Resiliency Group (MSRG) Peer Support Program: Equipping Families For Resiliency with Tools (EFFRT)**
 - PI: -Dr. Elisa V. Borah, MSW, PhD
 - Research Coordinator: Olivia Stelter, MA
 - Study Sponsor – The United States Department of Defense (DoD)
 - Congressionally Directed Medical Research Program
- **Study Overview**
 - **Aim 1:** Curriculum Adaptation. Existing support group curriculum was adapted for active duty military spouses. Six focus groups were conducted in Spring 2023. Data coded for themes to inform adapted REACH program curriculum. HQDA G-3/5/7 power projection priorities and IRA included in the wargame
 - **Aim 2:** Randomized Controlled Trial



- **Methods**

- 150 total participants: 75 receive peer support group while 75 are on the waitlist. All are surveyed at the same time points to understand if the support groups explain in differences in outcomes between the two groups. Congressionally Directed Medical Research Program

- **Block Randomization**

- once 8 participants consent (the size of one peer group), randomize that group to either support group condition or waitlist comparison condition
 - Asses outcomes with measures about quality of life
 - Participants complete 3 surveys
 - Baseline, at the end of 8 week peer group, three months after program, and receive a total of \$150 if all surveys are completed



U.S. ARMY **Community Services Council Meeting 31 January 2024**

REACH Study at Fort Cavazos

- **Participant Eligibility**

- The participant must be married to or in a committed relationship with a service member serving at Fort Cavazos
- The participant must have a reasonable expectation of remaining at Fort Cavazos for at least 4 months.
- Be willing to attend up to 8 sessions of a military spouse peer support group in person.

- **Leaders**

- We trained 24 leaders in REACH Curriculum
- -Awarded Military Spouse Peer Group Leader Certificates (example on next slide)
- 01DEC – Informal Dinner/Research Overview/Introductions at People's First
- 02DEC-03DEC – 8-9 hour training days at Lonestar Conference Center

This presentation does not constitute an endorsement, recommendation, or favoring by the Army or Fort Cavazos



WE ARE THE ARMY'S HOME





This presentation does not constitute an endorsement, recommendation, or favoring by the Army or Fort Cavazos



WE ARE THE ARMY'S HOME



- **Participant Recruitment**

- Social Media
- All social media posts with participant application links can be found on the Institute of Veteran and Military Family Wellness Facebook and LinkedIn pages – please share directly
- Images can be shared into Facebook groups for soldier families, events, etc

- **Flyers (on next page)**

- Please contact Olivia Stelter for flyers to pass around at an event or to email to military families
- If there is an event Olivia or Dr. Borah can attend to recruit military spouses, please let us know!



REACH Study at Fort Cavazos



The flyer features a background image of two women talking. In the top right corner, there is a logo consisting of a stylized globe with a person icon inside, above the word "REACH" in blue capital letters. Below the image, the text "FORT CAVAZOS MILITARY SPOUSES" is written in white. The main body of text is in blue and black, describing the study and listing benefits for participants. A blue circular graphic on the right side contains the text "GET INVOLVED" and a QR code.

REACH

FORT CAVAZOS MILITARY SPOUSES

Are you interested in connecting with other military spouses?

The REACH study is recruiting military spouses at Fort Cavazos to be part of a peer support program that is being studied to understand how best to support spouses. After consenting to the study, participants will participate in an 8-week group with 6-8 members in 2024. Group sessions will be held in person on base. Participants can earn up to \$100 by completing study surveys.

Participants of REACH groups will...

- ✓ **Share challenges, strategies and tips** for surviving, and thriving in military life.
- ✓ **Learn about and connect with relevant resources** that support individual and family wellness.
- ✓ **Increase knowledge about common health and wellness concerns and how to access care** when needed for servicemembers and spouses.

GET INVOLVED

Apply today by visiting <https://bit.ly/3QWtD6h> or scan the QR code.



The University of Texas at Austin
Institute for Military
and Veteran Family Wellness
Dell Medical School & Steve Hicks School of Social Work

This presentation does not constitute an endorsement, recommendation, or favoring by the Army or Fort Cavazos



WE ARE THE ARMY'S HOME



- **Comments/Questions**

Dr. Elisa Borah, PI

**Director and Associate Professor
UT Austin**

(512)639-8989



Mrs. Kischel Burrescia

**HeroBox
Program Specialist**

(801) 609-4376
info@herobox.org



WE ARE THE ARMY'S HOME



- **HeroBox Program Overview**

- Connects deployed service members to sponsors to receive care packages
- Completely free and no obligation to service members, simply register on website, provide APO, and make a wish list if desired (on Amazon)
- Packages arrive and messaging is available between sponsor and service member

- **How to Receive Boxes**

- go to www.herobox.org and follow to the “receive” tab- click “register now”
- Provide as much information as is comfortable, ensuring that deployment dates, name, and address are accurate.
- Add a message for sponsors along with an Amazon wish list and photo to increase likelihood of receiving boxes.
- Check profile periodically for messages from sponsors and alerts of when boxes are on their way.



Ms. Sheri Yerrington

**Armed Services YMCA
Executive Director**

(254) 690-9622 ext.109
syerrington@asymca.org



WE ARE THE ARMY'S HOME



ARMED SERVICES YMCA KILLEEN

2023 YEAR-END REVIEW



Dec. 12, 2023

ARMED SERVICES YMCA



WE ARE THE ARMY'S HOME



ARMED SERVICES YMCA KILLEEN

Description:

Operation Ride Home, supported by Jack Daniels, sponsors the travel of eligible service members and their dependents from their duty station back home to spend time with their families. Reconnecting military families during this special time of year is one small way ASYMCA is strengthening military families.

Year End:

In 2023, we reunited over 150 military families for the holidays.



ARMED SERVICES YMCA



WE ARE THE ARMY'S HOME



ARMED SERVICES YMCA KILLEEN

Description:

The ASYMCA Operation Holiday Joy program is designed to raise awareness and funds for junior-enlisted service members and their families during the holidays. Through Operation Holiday Joy, we are able to provide families with food and gifts throughout the holiday season.

Year End:

In 2023, we fed over 500 junior-enlisted families at Thanksgiving.



ARMED SERVICES YMCA



ARMED SERVICES YMCA KILLEEN

Description:

Armed Services YMCA Killeen strives to make deployments as easy as possible on military families. One of the ways we do this is through Operation Kid Comfort. Upon request, we provide every child aged 6 and under with a quilt and children aged 7 or older with a pillowcase made of photos of the deployed parent.

Year End:

In 2023, our volunteers lovingly crafted over 700 mementos for children of deployed parents.



ARMED SERVICES YMCA



This presentation does not constitute an endorsement, recommendation, or favoring by the Army or Fort Cavazos



WE ARE THE ARMY'S HOME



ARMED SERVICES YMCA KILLEEN

Description:

ASYMCA's Operation Hero is a no-cost after school program tailored to the unique struggles of military children (grades 1-5), designed to help them get back on track in school and at home. Children are referred to the program by school personnel, and then work within a team to navigate the 10-week course.

Year End:

In 2023, we helped 130 military children make new connections and establish habits for wellness.



ARMED SERVICES YMCA



This presentation does not constitute an endorsement, recommendation, or favoring by the Army or Fort Cavazos



WE ARE THE ARMY'S HOME



ARMED SERVICES YMCA KILLEEN

Description:

Armed Services YMCA Killeen offers state-licensed, low-cost, high-quality Before and After School Care and Day Camps for elementary school-age children throughout the Central Texas Community. The program is offered at 36 elementary school sites in our service area.

Year End:

In 2023, we provided competent, creative, and diligent care to 6,250 children.



ARMED SERVICES YMCA



WE ARE THE ARMY'S HOME



ARMED SERVICES YMCA KILLEEN

Description:

The ASYMCA Children's Waiting Room (ACWR) is a free program that provides a safe, nurturing environment for military children while their parents attend medical appointments at the Carl R. Darnall Army Medical Center and supporting medical homes in our service area.

Year End:

In 2023, we took care of over 4,000 children while their parents went to medical appointments.



ARMED SERVICES YMCA



This presentation does not constitute an endorsement, recommendation, or favoring by the Army or Fort Cavazos



WE ARE THE ARMY'S HOME



OPERATION LITTLE LEARNERS

ARMED SERVICES YMCA KILLEEN

Description:

Operation Little Learners is a no-cost education program that provides a much-needed platform to help support and build confidence in active-duty parents in their roles as their children's first teachers. This parent- child class guides and gives tools to parents to enhance child development and offers the opportunity for early learning and bonding. We reformatted OLL in September of 2022.

Year End:

In 2023, we had over 350 military parents and children participate in our Operation Little Learners classes.



ARMED SERVICES YMCA



This presentation does not constitute an endorsement, recommendation, or favoring by the Army or Fort Cavazos



WE ARE THE ARMY'S HOME



ARMED SERVICES YMCA KILLEEN

Description:

It is estimated that more than 25% of active-duty military families and 10% of veteran families need assistance with food. The ASYMCA Killeen Five-Star Food Market is our newest effort to combat this issue in the community we serve. Families using our Five-Star Food Market receive weekly access to staple items, including perishables and non-food necessities, free of charge.

Year End:

In 2023, ASYMCA Killeen distributed food to 19,000 families, totaling approximately 600,000 pounds of food.



ARMED SERVICES YMCA



This presentation does not constitute an endorsement, recommendation, or favoring by the Army or Fort Cavazos



WE ARE THE ARMY'S HOME



WELLNESS CENTER PROGRAMS

ARMED SERVICES YMCA KILLEEN

Description:

Wellness Center Programs such as Swim Lessons, Youth Sports Leagues, Ballet Classes, Cheer Classes, Tumbling Classes, Martial Arts Classes, Chef Classes, Lego Classes, Art Classes, Book Clubs, Kids Night Out, Mother's Day Out Program, All About Me, Specialty Summer Camps etc.

Year End:

In 2023, ASYMCA Killeen Wellness Center registered over 9,800 participants in a Fee for Service Program/League/ Class.



ARMED SERVICES YMCA



WE ARE THE ARMY'S HOME



ARMED SERVICES YMCA KILLEEN

Description:

Wellness Center Membership that serves Teens, Adults, Couples, Single Parent Family Households, 2 Parent Family Households, Senior, Senior Couples, and Senior Family Household.

Year End:

ASYMCA Killeen Membership current unit count is 4,303. Unit count reached 4,608 units in August of 2023. A unit is equivalent to 3.75 people which results in currently serving 16,136 individual members with a high of 17,280 individuals in 2023./



ARMED SERVICES YMCA



WE ARE THE ARMY'S HOME



ARMED SERVICES YMCA KILLEEN

THANK YOU!



ARMED SERVICES YMCA



WE ARE THE ARMY'S HOME





Mrs. Angel Eagan

**Fort Cavazos Family Scholarship Fund
(FCFSF)
President**

www.fortcavazosscholarship.org
info@fortcavazosscholarship.org



WE ARE THE ARMY'S HOME





Fort Cavazos Family Scholarship Fund

Background

FCFSF was established at Fort Cavazos in 1985 as a 501(c)(3) private, non-profit organization under the supervision of the Garrison Commander. Designed to be the focal point for military dependent scholarships on Fort Cavazos.

About Us

FCFSF provides merit-based scholarships to High School Seniors and Military Spouses who are listed in DEERS as dependents including Active Duty, Veterans, and Gold Star families. FCFSF outreach spans six counties (Bell, Coryell, McLennan, Travis, Williamson, and Lampasas) that surround Fort Cavazos, offering opportunities to military families in a wide geographical area.

Mission

The mission of Fort Cavazos Family Scholarship Fund is to empower the aspirations of our community by fostering accessible pathways to higher education.

This presentation does not constitute an endorsement, recommendation, or favoring by the Army or Fort Cavazos



WE ARE THE ARMY'S HOME





Fort Cavazos Family Scholarship Fund

Scholarship Application Period

Accepting applications now until **16 February 2024**.

Merit Based Scholarships based on:

1. Academic Achievement
2. Community Contribution
3. Letters of Recommendation
4. 750-word Essay
 1. Choose one quote that inspires/speaks to who you are. Explain why you chose that particular quote and how it relates to you.

2023 Award Info

Awarded \$83,500 to 45 high school seniors and 5 spouses

Award amounts range from \$750 to \$5,000, dependent upon donations received

This presentation does not constitute an endorsement, recommendation, or favoring by the Army or Fort Cavazos



WE ARE THE ARMY'S HOME





Fort Cavazos Family Scholarship Fund

Application Process

1. Application completed on website; online progress can be saved up to 30 days prior to submitting. www.fortcavazosscholarship.org/apply/apply-now/
2. Two (2) letters of recommendation
3. Official Transcripts including GPA
4. 750-word Essay
5. Sponsors orders or DD214
6. Military affiliation verified through Sheer ID

Award Process

- Blind scoring process completed by an outside selection committee
- Award amounts determined by the FCFSF Board based on Order of Merit List and available funds
- Awardees notified in late April; Awards Ceremony mid May.




Eligibility at a Glance

✦ High school seniors or spouses of active duty, retirees, and Gold Star families	✦ Graduating senior of an accredited high school or homeschool program
✦ Reside in Bell, Coryell, Travis, Lampasas, Williamson, or McLennan counties	✦ Spouses must hold a high school diploma or equivalent
	✦ Valid military identification card


Complete application includes:

✓ Two Letters of Recommendation	✓ Sponsor's orders to Fort Cavazos or DD214
✓ Essay	✓ Transcripts

To apply, visit www.fortcavazosscholarship.org/apply

Find us on social media!   

Email questions to info@fortcavazosscholarship.org







Fort Cavazos Family Scholarship Fund

Eligibility Requirements for ALL Scholarship Applicants

- Must possess a valid US military identification card and be enrolled in DEERS
- Cannot be a recipient of a full-tuition scholarship (to include tuition, room and board) or an appointment to a military service academy.
- Must submit a completed application no later than the deadline **14 February 2024**. Incomplete and/or late applications will not be considered.

Applicant must be one of the following:

1. The dependent child or spouse of an active duty U.S. military sponsor assigned to Fort Cavazos.
2. The dependent child or spouse of an active duty U.S. military sponsor whose last duty assignment was Fort Cavazos and applicant resides in Bell, Coryell, Lampasas, McLennan, Travis or Williamson County while sponsor is on a non-command sponsored assignment on orders.
3. The dependent child or spouse of a retired U.S. military sponsor and both sponsor and applicant reside in Bell, Coryell, Lampasas, McLennan, Travis or Williamson County.
4. The dependent child or spouse of a deceased member of the U.S. military forces and applicant resides in Bell, Coryell, Lampasas, McLennan, Travis or Williamson County.

This presentation does not constitute an endorsement, recommendation, or favoring by the Army or Fort Cavazos



WE ARE THE ARMY'S HOME





Fort Cavazos Family Scholarship Fund

Eligibility Requirements for High School Senior

- Must be graduating senior of an accredited high school or home school program
- Must be accepted or expect to be accepted by a college, university, trade or technical school for the upcoming fall or spring semester.

Eligibility Requirements for Spouse

- Must be a high school graduate or hold a valid high school equivalent.
- Must be enrolled, accepted, or expect to be accepted by a college or university for the upcoming fall or spring semester and be pursuing his/her first bachelor's degree. If currently enrolled, the applicant must maintain the school's continuation GPA.
- Must be an active-duty service member.





Fort Cavazos Family Scholarship Fund

FUNDING

- Majority of funding comes from our generous Legacy Donors
 - Cavazos Community Thrift Shop
 - Fort Cavazos Spouses Club Fundraisers
 - Flamingo Flocking, Holiday Bazaar, Wild West Night
 - The Great Place Gift Shop
 - Unique unit gifts
- Additional Sources include individuals/businesses in the community
- Last year, 95% of donations used for scholarships; less than 5% on administrative costs
- Contributions received before 30 April 2024 are applied to this year fund
- Annual Holiday Wreath Fundraiser with Lynch Creek Farms



★ U.S. ARMY Community Services Council Meeting 31 January 2024

Fort Cavazos Family Scholarship Fund



DON'T DELAY – APPLY TODAY!

www.fortcavazosscholarship.org/apply



CAVAZOS  COMMUNITY
THRIFT SHOP



The Frank W. and Sue Mayborn Foundation

BARBARICUM

This presentation does not constitute an endorsement, recommendation, or favoring by the Army or Fort Cavazos



WE ARE THE ARMY'S HOME



Mr. Steven Moore

**Public Affairs
Community Relations, Chief**

(254) 287-7545

Steven.moore32.civ@army.mil



WE ARE THE ARMY'S HOME



Off Post Upcoming Community Events

Bell County Youth Fair & PRCA Rodeo Military Appreciation Night – BELTON

- 9 Feb; 1900
- Cadence Bank Center (formerly Bell County Expo Center)
- Discount Tickets for Soldiers, Family members
- For more information, call (254) 933-5353 or <https://www.cadencebank.com>

Killeen Spring Fest – KILLEEN

- 23 Mar; 1700
- Location TBD
- For more information, call (254) 501-7758 or www.killeentexas.gov/events

Copperas Cove Spring into the Eclipse – COPPERAS COVE

- 6-8 Apr; 1400-2200, 1200-2000, 0900-1700
- City Park
- For more information, call (254) 542-2719 or awilson@copperascovetx.gov



Off Post Upcoming Community Events

Annual Celebrate Killeen Festival – KILLEEN

- 26-27 Apr; 1800, 1100
- Downtown
- Free Admission
- For more information call (254) 501-7758 or www.killeentexas.gov

77th Annual Killeen Rodeo Military Appreciation Night – KILLEEN

- 16 May; 1900
- Killeen Rodeo Grounds
- Free Admission for Active-Duty Soldiers, Family Members
- For more information, call (254) 501-3888 or <http://www.rodeokilleen.com>

Killeen Memorial Day Ceremony – KILLEEN

- 27 May; 1000
- Central Texas State Veterans Cemetery
- For more information call (254) 702-0465 or www.avaccentex.org



Ms. Summer Inwood

**Family and Morale, Welfare and Recreation (Family and MWR)
Sports Fitness Aquatics, Chief**

(254) 553-2710

summer.j.inwood2.naf@army.mil



WE ARE THE ARMY'S HOME



Professional Rodeo Cowboys Association

PRCA Rodeo

FREE Tickets

**Cadence Bank Center (formerly Bell County Expo Center)
Military Appreciation Night, 9 Feb 2024**

Ticket Distribution:

01 Feb at 11 a.m.

**Phantom Warrior Center
Bldg. 194, 37th Street**

Free parking and tickets include access
to the PRCA rodeo. No Federal Endorsement Implied



WE ARE THE ARMY'S HOME



COUPLES COMBINE



**Compete The Month Of February
For The Title Of**

SUPER COUPLE

ONLINE NAF



Vehicle Auction



**Online bidding from
05-19 February**



254-423-8498 Cavazos.ArmyMWR.com



WE ARE THE ARMY'S HOME



★ U.S. ARMY Community Services Council Meeting 31 January 2024

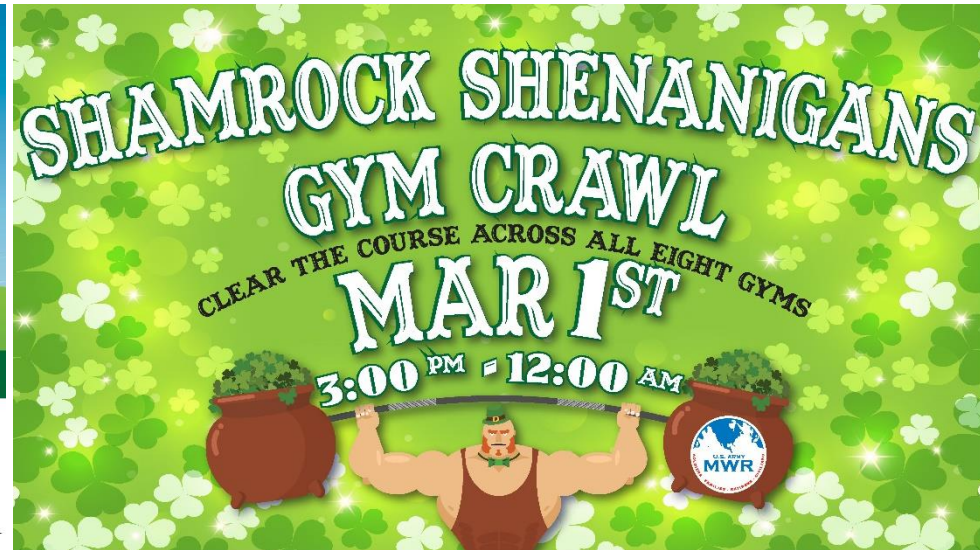
On Post Upcoming Community Events



PHANTOM WARRIOR
GOLF
SCRAMBLE
FEB 09
4-PERSON SCRAMBLE TEAMS 254-287-4130
1100-1145: REGISTRATION
\$45 ENTRY FEE
\$5 MULLIGANS
1200: SHOTGUN START


Cavazos.ArmyMWR.com

The Courses of
Clear Creek
BLDG 52381 LEGACY WAY



SHAMROCK SHENANIGANS
GYM CRAWL
CLEAR THE COURSE ACROSS ALL EIGHT GYMS
MAR 1ST
3:00 PM - 12:00 AM



WE ARE THE ARMY'S HOME



FORT CAVAZOS MWR CONNECTION



Cavazos.ArmyMWR.com



Cavazos.ArmyMWR.com/Highlights



@ FortCavazosMWR



@ FortCavazosMWR



The **Digital Garrison App**
Free download on iPhone and Android devices.



WE ARE THE ARMY'S HOME



Ms. Donna Morrisey

**Army Community Service (ACS)
Director**

(254) 287-0346

donna.m.morrisey.civ@army.mil



WE ARE THE ARMY'S HOME



Suggested Topics For Discussion



LTG Sean Bernabe
III Armored Corps and Fort Cavazos
Commanding General

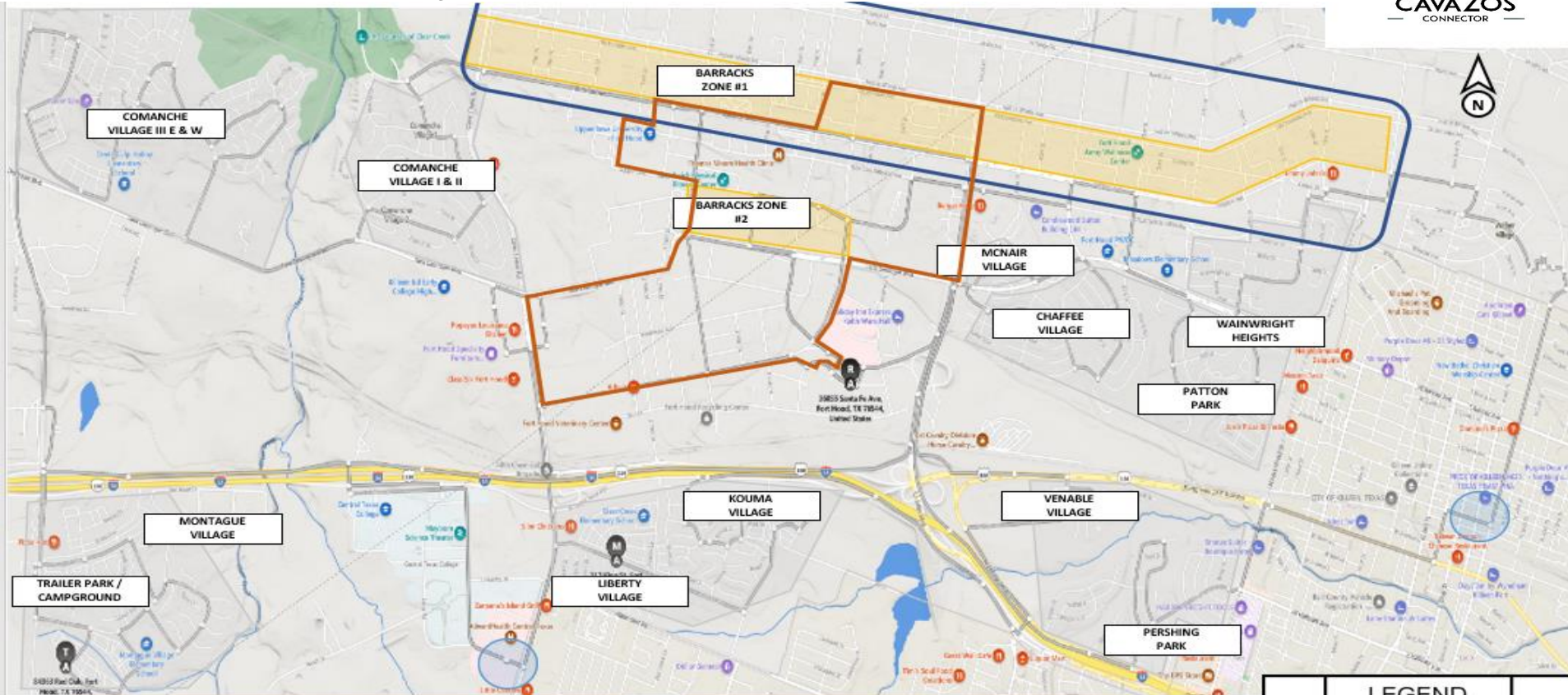
COL Lakicia Stokes
USAG Fort Cavazos
Garrison Commander



Cavazos Connector Mass Transit

Initial Operational Capability (IOC)

5 February 2024



Operating Hours

0700 - 2100 Weekdays






1100 - 2200 Weekends and Holidays

To Schedule a Ride:

Use The HOP App

Call the HOP at (254) 933-3700

LEGEND

-  Circular Route
-  Micro-Transit Zone
-  Barracks Zones
-  Housing Areas
-  HOP Transfer Points



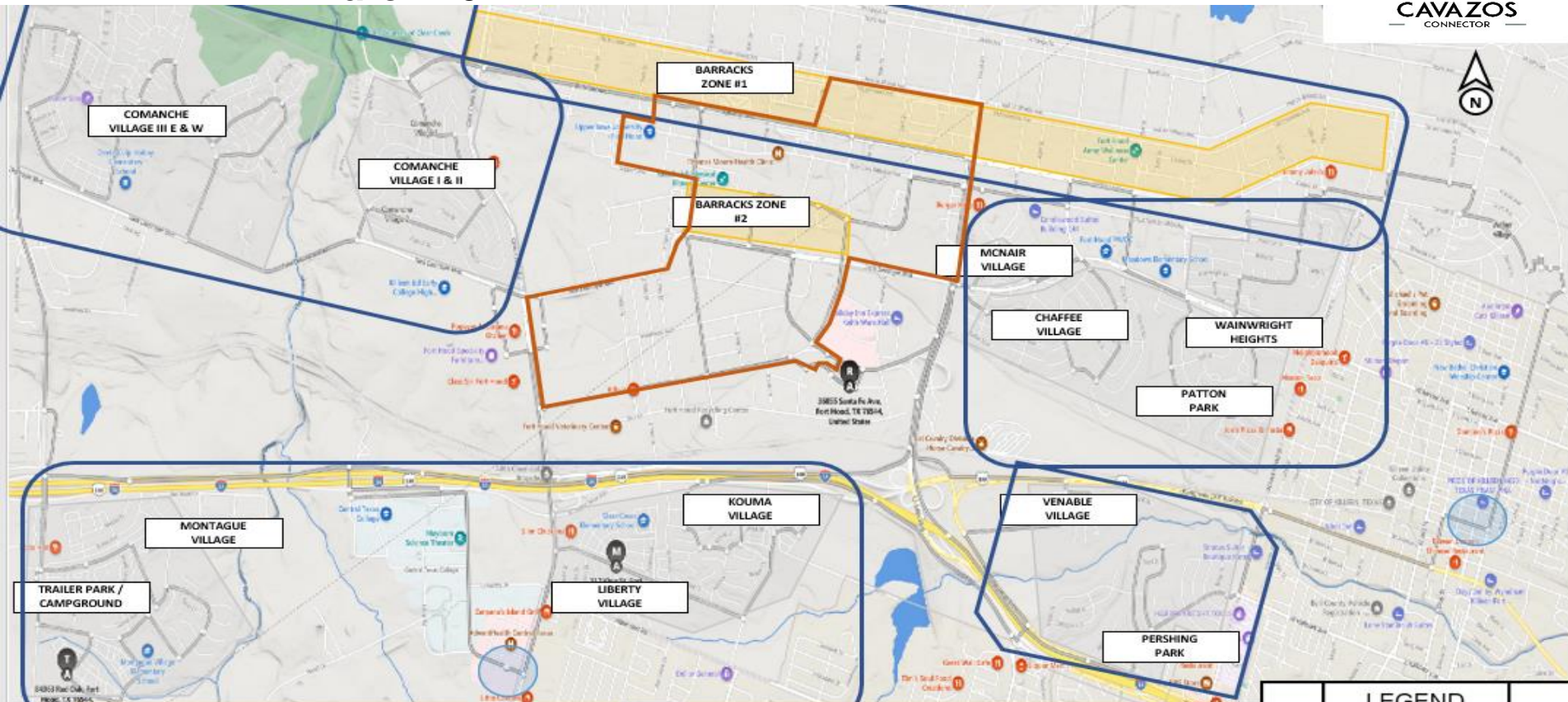
WE ARE THE ARMY'S HOME



U.S. ARMY Community Services Council Meeting 31 January 2024

Cavazos Connector Mass Transit Full Operational Capability (FOC)

2 March 2024



Operating Hours

0700 - 2100 Weekdays

1100 - 2200 Weekends and Holidays

To Schedule a Ride:

Use The Cavazos Connector App

Call the HOP at (254) 933-3700

LEGEND

- Circular Route
- Micro-Transit Zone
- Barracks Zones
- Housing Areas
- HOP Transfer Points



WE ARE THE ARMY'S HOME



**Wednesday, February 28, 2024, 10:30 am
Lone Star Conference Center**

www.Cavazos.ArmyMWR.com



U.S. ARMY Community Services Council Meeting 31 January 2024

SME Chart

1	III ARMORED CORPS INSPECTOR GENERAL (IG)	Danelle Greene	254-287-7209 danelle.r.greene.civ@army.mil	19	FMWR – BUSINESS & COMMUNITY RECREATION DIVISION (BCRD)	Lance Pooler	254-287-7406 lance.e.pooler.naf@army.mil
2	III ARMORED CORPS READY & RESILIENT (HEALTH PROMOTIONS)	LTC Burton Eissler	254-286-6833 burton.d.eissler.mil@army.mil	20	FMWR - CHILD & YOUTH SERVICES (CYS)	Sheila Curtis	254-288-3039 sheila.r.curtis.naf@army.mil
3	III ARMORED CORPS CHAPLAIN	CH (COL) Douglas Ball	254-287-3411 douglas.h.ball.mil@army.mil	21	FMWR - NON-APPROPRIATED FUNDS SUPPORT SERVICES (NAFSS)	Kathleen Ward	254-287-8106 kathleen.e.ward13.naf@army.mil
4	AMERICAN RED CROSS	Matthew Dang	254-287-0405 matthew.dang@redcross.org	22	FISHER HOUSE	Candice Ualesi	254-286-7927 candice.t.ualesi.naf@health.mil
5	ARMY & AIR FORCE EXCHANGE SERVICE (AAFES)	Charlyne Morganfield	254-532-6537 x 200 morganfieldc@aafes.com	23	FORT CAVAZOS SPOUSES CLUB (FCSC)	Courtney Flohr	President@Fortcavazosspousesclub.org
6	BOSS – (FMWR) ADVISOR	Tenesa Davis	254-287-0270 tenesa.l.davis.naf@army.mil	24	FORT CAVAZOS FAMILY SCHOLARSHIP FUND (FCFSF)	Angel Eagan	president@fortcavazos scholarship.org
7	CAVALRY FAMILY HOUSING	Joe Byrd	254-285-2345 joe.byrd@forhoodfh.com	25	FORT CAVAZOS VOLUNTEER CHILD CARE FUND (FCVCCF)	Jennifer Cegledi	FHVCCF@gmail.com
8	DEFENSE COMMISSARY AGENCY (DECA) - CLEAR CREEK	Vicki Walker	254-287-9055 vicki.walker@deca.mil	23	GARRISON SAFETY	Douglas Huddleston	254-287-3323 douglas.r.huddleston.civ@army.mil
9	DECA - WARRIOR WAY	Rachel Harty- Perez	254-287-8025 X 3001 rachel.hartyperez@deca.mil	27	LOGISTICS AND READINESS CENTER (LRC)	COL Jennifer Karim	254-287-1584 jennifer.s.karim.mil@army.mil
10	DIRECTORATE OF EMERGENCY SERVICES (DES)	Robert Adams	254-287-2511 robert.d.adams1.civ@army.mil	28	MILITARY FAMILY LIFE COUNSELING (MFLC)	David Gretsche	254-287-034 david.l.gretsche.civ@army.mil
11	DIRECTORATE OF HUMAN RESOURCES (DHR)	Lorri Golya	254-287-5103 lorri.a.golya.civ@army.mil	29	NETWORK ENTERPRISE CENTER (NEC)	Ronnie Gill	254-287-5775 ronnie.e.gill.civ@army.mil
12	DHR EDUCATION SERVICES	Sheri Buono	254-287-7353 sheri.l.buono.civ@army.mil	30	PEOPLE FIRST CENTER	CPT Rosa Meeks	254-285-5417 rosa.j.meeks.mil@army.mil
13	DHR RISK REDUCTION	Paula Blackwell	254-287-3378 paula.e.blackwell.civ@army.mil	31	PUBLIC AFFAIRS OFFICE (PAO)	Thomas Rheinlander	254-287-8506 thomas.e.rheinlander.civ@army.mil
14	DIRECTORATE OF PLANS, TRAINING, MOBILIZATION, AND SECURITY (DPTMS)	Leroy Stockland	254-288-3067 leroy.l.stockland.civ@army.mil	32	SANTA'S WORKSHOP AT THE GREAT PLACE	Marizza Stokes	president@forhoodsantasworkshop.com
15	DIRECTORATE OF PUBLIC WORKS (DPW)	Brian Dosa	254-287-5500 brian.l.dosa.civ@army.mil	33	THE POST THRIFT STORE	Jennifer Kirkpatrick	254-532-294 fhatspresident@gmail.com
16	EQUAL EMPLOYMENT OPPORTUNITY (EEO)	Wattanaporn Videtto	254-287-0245 wattanaporn.videtto.civ@army.mil	34	USAG CHAPLAIN	CH (COL) Luis V. Kruger	254-288-6545 luis.v.kruger.mil@army.mil
17	FMWR - ARMY COMMUNITY SERVICE (ACS)	Donna Morrissey	254-287-0346 donna.m.morrissey.civ@army.mil	35	UNITED SERVICE ORGANIZATIONS (USO)	Heather Krauss	254-768-2770 hkrauss@uso.org
18	FMWR - ACS FAMILY ADVOCACY PROGRAM MANAGER	Monique Russell	254-287-203 monique.c.russell.civ@army.mil				



WE ARE THE ARMY'S HOME

