

Helpful ACS Numbers

ACS Volunteer Program / Army Volunteer Corps	287-8657 287-2327
Army Emergency Relief (AER)	553-3101
Consumer Affairs Office / Financial Management Classes	287-CITY (2489)
Army Family Action Plan (AFAP) / Army Family Team Building (AFTB)	287-1127
Employment Readiness Program	287-6067
Exceptional Family Member Program (EFMP)	287-6070
Family Advocacy Program (FAP)	286-6774 286-6775
Family Assistance Center (FAC)	288-7570
Military Family Life Counselor (MFLC)	553-4705
Mobilization & Deployment	288-2794
New Parent Support Program - Parenting Classes	287-2286
Soldier and Family Assistance Center	286-5768

24/7 Hotlines

Commanding General (CG) Hotline	254. 618.7486
Reporting Domestic Violence or Child Abuse	254. 287.CARE (2273) National 800. 422.4453
Assistance for Victims of Domestic Violence	254. 702.4953 National 800. 799.7233
Suicide Prevention	National 800. 273.8255
Sexual Harassment / Sexual Assault (SHARP)	254. 319.4671 National 877. 995.5247
EO and Harassment Hotline	254. 291.5717
Veterans Crisis Line	National 800. 273.8255 (press 1)
Housing / Barracks Life / Health / Safety Hotline	254. 206.1157
Duty Chaplain Hotline	254. 289.2531

ACS Locations

- Bldg. 18000 - Oveta Culp Hobby Soldier & Family Readiness Center, Legends Way
- Bldg. 36000 - Shoemaker Center, 2nd Floor, Darnall Loop
- Bldg. 36051 - Soldier and Family Assistance Center

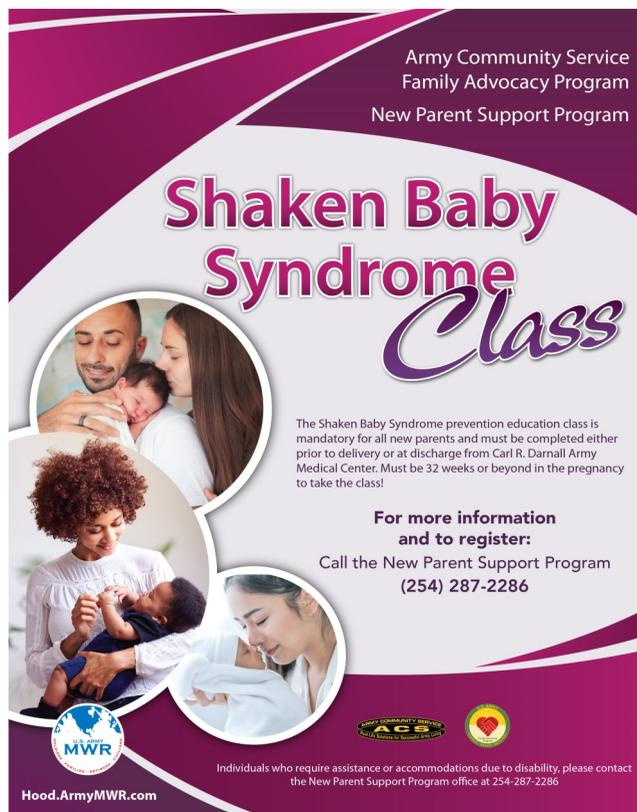


Victims of Domestic Violence

24/7 Hotline

254-702-4953

Hood.ArmyMWR.com



Army Community Service
Family Advocacy Program
New Parent Support Program

Shaken Baby Syndrome Class

The Shaken Baby Syndrome prevention education class is mandatory for all new parents and must be completed either prior to delivery or at discharge from Carl R. Darnall Army Medical Center. Must be 32 weeks or beyond in the pregnancy to take the class!

For more information and to register:
Call the New Parent Support Program (254) 287-2286

Hood.ArmyMWR.com



Army Community Service
Family Advocacy Program

BOOT CAMP

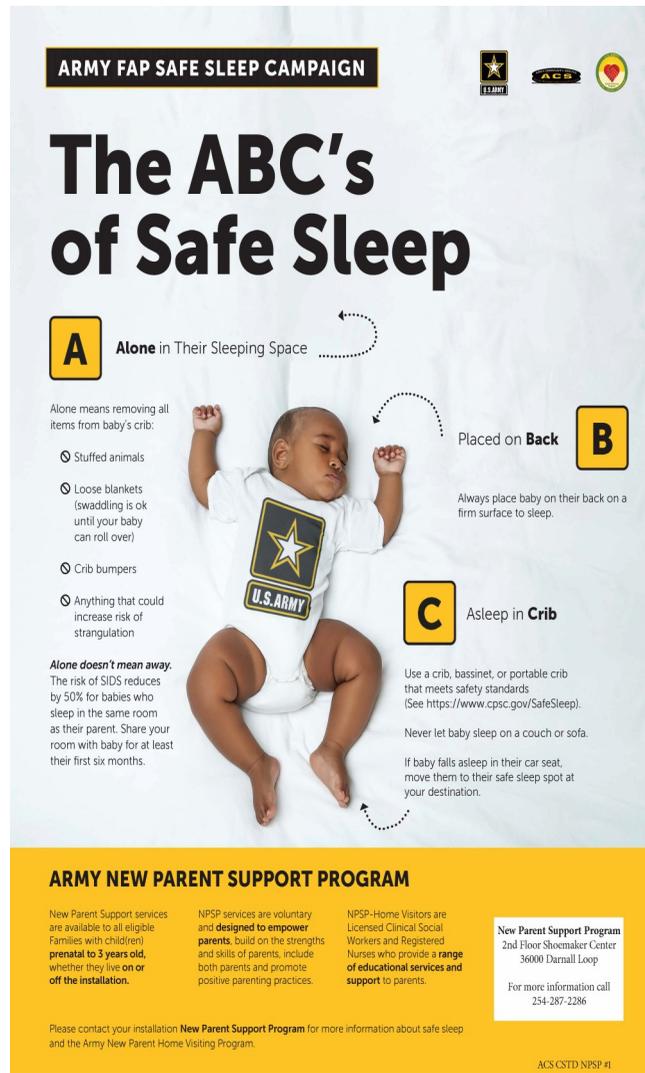
For New and Expectant Dads

This class educates new and expectant fathers on parental roles and responsibilities, and helps them develop strategies to adopt and cope with a new baby. Boot Camp is an interactive workshop for Dads only. Hooah!

Some of the topics to be covered are:

- Introduction to pregnancy and lifestyle changes
- Effective strategies for helping mom and baby
- Basic infant care and bonding for dads
- Shaken Baby Syndrome prevention
- Coping strategies for crying infants and small children

Hood.ArmyMWR.com



ARMY FAP SAFE SLEEP CAMPAIGN

The ABC's of Safe Sleep

A **Alone** in Their Sleeping Space

Alone means removing all items from baby's crib:

- Stuffed animals
- Loose blankets (swaddling is ok until your baby can roll over)
- Crib bumpers
- Anything that could increase risk of strangulation

B **Placed on Back**

Always place baby on their back on a firm surface to sleep.

C **Asleep in Crib**

Use a crib, bassinet, or portable crib that meets safety standards. (See <https://www.cpsc.gov/SafeSleep>.)

Never let baby sleep on a couch or sofa.

If baby falls asleep in their car seat, move them to their safe sleep spot at your destination.

ARMY NEW PARENT SUPPORT PROGRAM

New Parent Support services are available to all eligible Families with children prenatal to 3 years old, whether they live on or off the installation.

NPSF services are voluntary and designed to empower parents, build on the strengths and skills of parents, include both parents and promote positive parenting practices.

NPSF-Home Visitors are Licensed Clinical Social Workers and Registered Nurses who provide a range of educational services and support to parents.

New Parent Support Program
2nd Floor Shoemaker Center
36000 Darnall Loop

For more information call 254-287-2286

ACS CSTD NPSF #1



Fort Hood Army Community Service • Family Advocacy Program

Common Sense PARENTING

Individuals with children 4 to 12 years old interested in discussing parenting issues will learn skills to encourage positive behavior, discourage negative behavior and to teach their children alternatives to problem behavior.

Classes are held on **2nd & 4th Wednesday** of every month, 9:30 a.m. - 11:30 a.m.

To Register:
Call: (254) 618-7443/288-2092 or Email: usarmy.hood.incom-fmwrclist.acs-fap-training@mail.mil

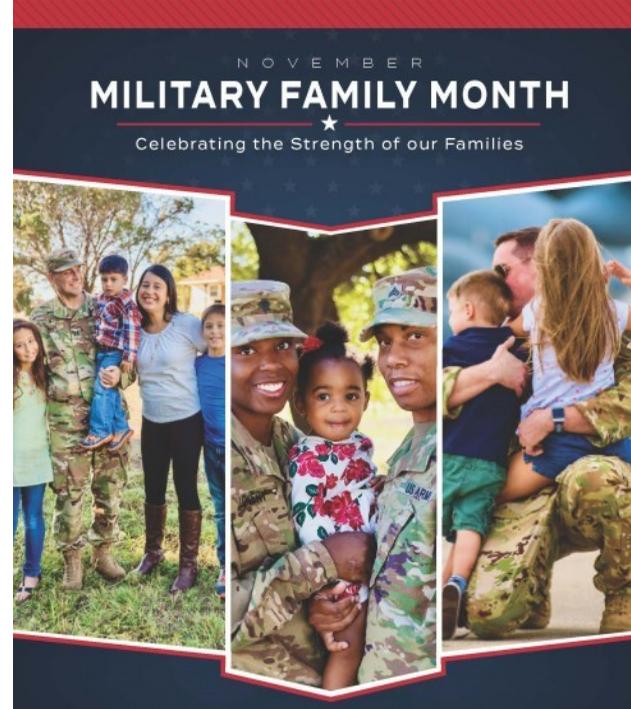
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Workshops, Activities and Trainings

Army Community Service

Real-Life Solutions for Successful Army Living

November 2021 Calendar of Events



NOVEMBER
MILITARY FAMILY MONTH
Celebrating the Strength of our Families

Your Connection to Community Information

287-4ACS (4227)

<https://hood.ArmyMWR.com>
www.armyfamilywebportal.com
www.militaryonesource.mil

1-800-342-9647



Army Community Service Calendar of Events

Monday - Tuesday, November 1 - 2

Community Resource Course

9:00 am – 2:30 pm • Bldg. 18000 • Call: 288-2794

Wednesday, November 3

Preparing For Marriage

8:00 am – 4:30 pm • Bldg. 18000 • Call: 287-9866

R.E.A.L. SFRG Foundations/Informal Fund Custodian Training

8:30 am – 11:30 am • Virtual • Call: 288-2794

Thursday, November 4

Resilience Lunch and Learn (Hunt the Good Stuff/ Energy Management)

11:30 am – 1:00 pm • Bldg. 18000 • Call: 288-2794

R.E.A.L. SFRG Foundations / Key Contact Training

5:30 pm – 8:30 pm • Bldg. 18000 • Call: 288-2794

Tuesday, November 9

Exceptional Family Member Program Orientation

10:00 am – 11:30 am • Registration Required • Call: 287-6070

R.E.A.L. SFRG Foundations/Volunteer Training

5:30 pm – 8:30 pm • Virtual Class • Call: 288-2794

Wednesday, November 10

R.E.A.L. Command Team SFRG Training (CDRs/1SGs)

9:00 am – 12:00 pm • Virtual Class • Call: 288-2794

Relationship Enrichment Workshop

9:00 am – 4:00 pm • Bldg. 18000 • Call: 618-7584

CARE Team Training

5:30pm - 8:30pm • Virtual Class • Call: 288-2794

Wednesday, November 17

Family Readiness Advisor Training (Senior Spouses)

9:00 am – 2:30 pm • Bldg. 18000 • Call: 288-2794

Community Services Council Meeting

10:30 am – 12:00 pm • Bldg. 5764 • Call: 553-1593

Thursday, November 18

Stress, Anger, & Conflict Resolution Management

9:00 am – 4:30 pm • Bldg. 18000 • Call: 618-7827

Monthly Resilience Skill (Hunt the Good Stuff/Energy Management)

5:30 pm – 7:00 pm • Virtual Class • Call: 288-2794

Tuesday, November 23

Rear Detachment Operations (RDO) Course (NG/RC)

12:30 pm – 4:30 pm • Virtual Class • Call: 288-2794

Monthly Recurring Classes and Workshops

Tuesday, November 2, 9, 16 & 23

Family Violence Prevention Training (PT)

9:30 am – 11:00 am, 1:30 pm - 3:00 pm • Call: 288-2092

NPSP Infant Massage

9:30 am – 10:30 am • Registration Required • Call: 287-2286

Wednesday, November 3 & 24

Explore, Learn, and Play "Storybook & Craft Time"

10:00 am – 10:30 am • Virtual Class • Call: 287-2286

Thursday, November 4 & 18

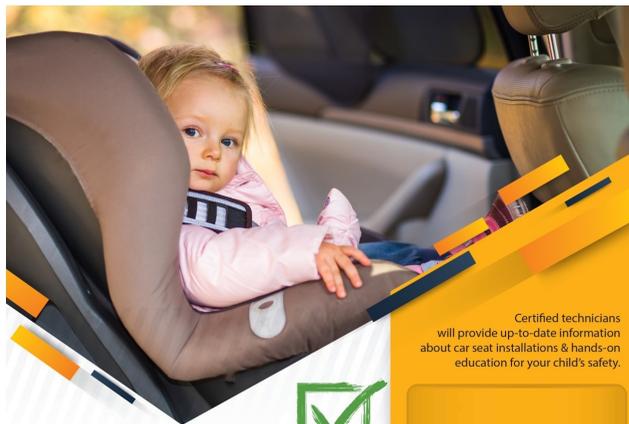
Blended Families Workshop

9:00 am – 12:00 pm • Registration Required • Call: 287-5066

Tuesday, November 9 & 23

Volunteer Management Information System (VMIS) Organization Point of Contact (OPOC) Training

10:00 am – 11:30 am • Virtual Class • Call: 287-2327



CAR SEAT SAFETY INSPECTION

Rear Facing • Forward Facing • Booster • Seatbelt

More Than 90% of car seats are not used correctly!

How confident are you?

Make sure your child is riding safely.

Sprocket Auto Craft Center
Bldg. 9138, at the corner of Old Ironsides Ave. & 20th Street



Certified technicians will provide up-to-date information about car seat installations & hands-on education for your child's safety.

2nd & 4th Friday
of every month,
9:00 a.m. - 12:00 p.m.

To schedule an appointment, please call (254) 287-6505 / 288-2092 / 287-1763 or email: usarmy.hood.imcom-fmwrc.list.acs-fap-training@mail.mil

Individuals who require assistance or accommodations due to medical disability, please contact Army Community Service, Family Advocacy Program at (254) 287-6505 / 288-2092.

ACS CSTD FAP #15

Military Family Life Counselors

MFLCs are licensed professional clinicians. Non-medical counseling services are provided onsite to walk-ins, telephonically and virtually with Zoom video for Military Personnel and their Families.

For assistance:
Monday - Friday from 8am - 5pm
Call 254-553-4705
After 5pm or anytime Saturday and Sunday
Military OneSource (800) 342-9647

MFLC Can HELP!!!
Hood.ArmyMWR.com

Fort Hood Army Community Service
Exceptional Family Member Program

Open to Military Families
with Special Needs

EFMP Family Support

RESOURCE CONNECTIONS SUPPORT GROUP

This is for parents/children who have a disability and desire to make connections with others and share their knowledge

- Obtain information through Subject Matter Expert (SME) guest speakers
- Connect with EFMP Staff for information and resources

2nd Wednesday of each month
11:30 a.m. - 12:30 p.m.
(Registration Required for Participation)

For more information and to register (254) 287-6070 or email: usarmy.hood.imcom-fmwrc.list.acs-efmp@mail.mil
Individuals who require assistance or accommodations due to a disability, please call the ACS EFMP office at (254) 287-6070.

Open to Military Families with Special Needs

FORT HOOD ARMY COMMUNITY SERVICE EXCEPTIONAL FAMILY MEMBER PROGRAM



EFMP Family Support MONTHLY WORKSHOP

3rd Thursday of each month
9:30 a.m. — 11:00 a.m.

Topics to be covered are:

- Housing accommodation issues
- Tricare benefits information
- Post High School alternatives
- School issues (academic behaviors IEPs, ARDs and 504 plans)
- Medical Assistance information and Adaptive Technology

For more information and to register, call (254) 287-6070 or email: usarmy.hood.imcom-fmwrc.list.acs-efmp@mail.mil

Individuals who require assistance or accommodation due to a disability, please call the ACS EFMP office at (254) 287-6070.

AER CAREER SKILLS PROGRAM ASSISTANCE

Army Emergency Relief offers 100% grants to support Soldiers in the Army Career Skills Program

AER can help with CSP Expenses:

BEFORE CSP, including travel expenses, purchase of business attire/uniforms/tools	DURING CSP, including lodging, basic living expenses, and other related costs	AFTER CSP, including relocation prior to ETS to accept a position, and initial rent and deposit
Up to \$1,000 in assistance		

To learn more, visit www.aerhq.org/news/cspassistance

Fort Hood Army Community Service
Financial Readiness Branch (254) 288-7292 / 254-553-3102 or 254-287-0483
Email: usarmy.hood.imcom-fmwrc.list.acs-frb@mail.mil

Financial Readiness Workshops

Open to All DOD ID Card Holders

1st and 3rd Wednesday
Budget & Debt Management, 9:30 - 11:00 am
Credit Booster, 1:30 - 3:00 pm

2nd Tuesday
Saving & Investing, 1:30 - 3:00 pm

For more information contact,
Army Community Service (ACS)
Financial Readiness Branch (FRB)
254-287-2489
Hood.ArmyMWR.com

Shoemaker Center, Bldg. 36000, 2nd Floor, Room N212

Classes, times, and locations are subject to change, call for details.
Individuals who require assistance or accommodations due to a disability, contact Financial Readiness Branch

CHILD CARE AND REMOTE EDUCATION ASSISTANCE IS NOW 100% GRANT

VISIT ARMYEMERGENCYRELIEF.ORG TO LEARN MORE

NEEDS-BASED MUST BE IMPACTED BY COVID-19 PANDEMIC

For more information contact:
Fort Hood Army Community Service
Financial Readiness Branch
254-288-7292
usarmy.hood.imcom-fmwrc.list.acs-frb@mail.mil