



MWR Highlights

To subscribe to MWR Highlights, Cavazos.ArmyMWR.com/Highlights

- Better Opportunities for Single Soldiers • MWR Free Ticket Giveaways • Yoga and Spirits • Super Bowl LIX Watch Party and Axe Throwing • Phantom Warrior Golf Scramble • CrossFit Level 1 Course • Community Services Council Meeting • Great Fitness Challenge

Cavazos.ArmyMWR.com

Contact Your Unit
BOSS Rep or Call Us
254-287-6116

*ERB may be required



BETTER OPPORTUNITIES
FOR SINGLE SOLDIERS



COMMUNITY
SERVICE



RECREATION
AND LEISURE



QUALITY
OF LIFE



Bldg. 9212, 20th St. and Old Ironsides Ave

- Feb 06, Council Meeting
- Feb 07, BOSS Skate Night & Lazer Tag
- Feb 09, Super Bowl LIX Watch Party
- Feb 11, BDE Meeting
- Feb 12, Ribbon Cutting Ceremony
- Feb 13, Firearm Safety Course
- Feb 14, Dave and Buster's Trip
- Feb 15, Poker Tournament
- Feb 15-16, Anime Sunika



No Endorsement
Implied

Cavazos.ArmyMWR.com/BOSS

Coming Soon...

Ticket Giveaway Time

@fortcavazosmwr

No Endorsement Implied

Registration Available Now!

YOGA & SPIRITS

Feb 7th
6-7:30 p.m.

\$10
Per Participant

Includes a Valentine
Themed Cocktail
Yoga Mats Will Be Available

Event Location
**Samuel
Adams
Brewhouse**
24th Street BLDG 5782

Open To All 18+
21+ to Consume Alcohol

Register Today! Open to All Levels
Applied Functional Fitness Center
Old Ironsides Avenue BLDG 12018
254-287-5586

*Food *Drinks Games Prizes

Super Bowl LIX Watch Party

February
9th

Doors
Open
4 p.m.

FREE Entry &
Open To All

**Samuel Adams
BREWHOUSE**
FORT CAVAZOS

Samuel Adams Brewhouse 24th Street BLDG 5782

BOSS
BETTER OPPORTUNITIES
FOR SINGLE SOLDIERS

PROUD SPONSORS

* Food and Beverages Available to Purchase

**MWR
AXE THROWING
TRAILER**

Enjoy something
AXE-traordinary at
the SAB Feb 9th



MWR Highlights

To subscribe to MWR Highlights, Cavazos.ArmyMWR.com/Highlights

- Better Opportunities for Single Soldiers
- MWR Free Ticket Giveaways
- Yoga and Spirits
- Super Bowl LIX Watch Party and Axe Throwing
- Phantom Warrior Golf Scramble
- CrossFit Level 1 Course
- Community Services Council Meeting
- Great Fitness Challenge

Cavazos.ArmyMWR.com

Phantom Warrior Scramble

FEB 14TH

REGISTER TODAY

The Courses of Clear Creek

254-287-4130

OPEN TO ALL
4 PERSON TEAMS

12 P.M. SHOTGUN START

\$45 PER PERSON

5 DOLLAR MULLIGANS

[CAVAZOS.ARMYMWR.COM/GOLF](http://Cavazos.ArmyMWR.com/GOLF)



Like



Registration Deadline 15 Feb 2025

CrossFit Level 1 Course

MARCH 1&2

Expert Instruction on the CrossFit Methodology

- 2-Day Classroom Instruction
- Small-group Training Sessions
- Coach-led Workouts

Open To All DoD ID Card Holders

Active Duty or Veteran?
Email, Emily.v.cox2.naf@army.mil for a **20% Discount Code**

CFL1 FORT CAVAZOS
Online Registration & Account Setup Required
Class Size Limited

<https://crossfit.regfox.com/fortcavazosmarch2025private>

Level 1 Includes:
World-class instruction from CrossFit's Seminar Staff. The CrossFit Level 1 Training Guide, the definitive guide to CrossFit Training. Access to the Professional Coach, our exclusive publication for CrossFit coaches. Access to 30 days of content to help you get started as a CrossFit coach. Enrollment into the Level 1 Lectures, an on-demand version of the 11 lectures from the Level 1 Certificate Course. Discounts and perks from CrossFit-partners.



Follow



Join the Garrison CSM and our community in an exciting fitness adventure that brings a dynamic challenge every month!



TIRE TITAN

COMMUNITY SERVICES COUNCIL MEETING

Lone Star Conference Center

Save the Date
26 Feb 2025

11 a.m. In Person or **Join Us Live**



[FortCavazosMWR](https://www.facebook.com/FortCavazosMWR)



Recording, Agenda & Slides Available Online

