

## Helpful ACS Numbers

ACS Volunteer Program / Army Volunteer Corps	287-8657 287-2327
Army Emergency Relief (AER)	553 -3101
Consumer Affairs Office / Financial Management Classes	287-CITY (2489)
Army Family Action Plan (AFAP) / Army Family Team Building (AFTB)	287-1127
Employment Readiness Program	287-6067
Exceptional Family Member Program (EFMP)	287-6070
Family Advocacy Program (FAP)	286-6774 286-6775
Family Assistance Center (FAC)	288-7570
Military Family Life Counselor (MFLC)	553-4705
Mobilization & Deployment	288-2794
New Parent Support Program - Parenting Classes	287-2286
Soldier and Family Assistance Center	286-5768

## 24/7 Hotlines


Commanding General (CG) Hotline	254. 618.7486
Reporting Domestic Violence or Child Abuse	254. 287.CARE (2273) National 800. 422.4453
Assistance for Victims of Domestic Violence	254. 702.4953 National 800. 799.7233
Suicide Prevention	National 800. 273.8255
Sexual Harassment / Sexual Assault (SHARP)	254. 319.4671 National 877. 995.5247
EO and Harassment Hotline	254. 291.5717
Veterans Crisis Line	National 800. 273.8255 (press 1)
Housing / Barracks Life / Health / Safety Hotline	254. 206.1157
Duty Chaplain Hotline	254. 289.2531

## ACS Locations

- Bldg. 18000 - Oveta Culp Hobby Soldier & Family Readiness Center
- Bldg. 36000 - Shoemaker Center, 2nd Floor
- Bldg. 36051 - Soldier and Family Assistance Center

Open to All  
DOD ID Card Holders

## Financial Readiness Workshops



**1<sup>st</sup> and 3<sup>rd</sup> Wednesday**  
Budget & Debt Management, 9:30 - 11:00 am  
Credit Booster, 1:30 - 3:00 pm

**2<sup>nd</sup> Tuesday**  
Saving & Investing, 1:30 - 3:00 pm

Closures, times, and locations are subject to change. Call for details.

Army Community Service (ACS)  
Financial Readiness Branch (FRB)  
**254-287-2489**

Individuals who require assistance or accommodation due to a disability, contact Financial Readiness Branch.

Open to Military Families with Special Needs

## FORT HOOD ARMY COMMUNITY SERVICE EXCEPTIONAL FAMILY MEMBER PROGRAM



### EFMP Family Support MONTHLY WORKSHOP

3rd Thursday of each month  
9:30 a.m. — 11:00 a.m.  
Virtual class  
(Registration Required for Participation)

**Topics to be covered are:**

- Housing accommodation issues
- Tricare benefits information
- Post High School alternatives
- School issues (academic behaviors IEPs, ARDs and 504 plans)
- Medical Assistance information and Adaptive Technology

For more information and to register, call (254) 287-6070 or email: [usarmy.hood.incom-fmwrc.list.ACS-EFMP@mail.mil](mailto:usarmy.hood.incom-fmwrc.list.ACS-EFMP@mail.mil)

Individuals who require assistance or accommodation due to a disability, please call the ACS EFMP office at (254) 287-6070.

HOOD.ArmyMWR.com

## Victims of Domestic Violence

**24/7 Hotline**  
**254-702-4953**



HOOD.ArmyMWR.com

## ARMY FAMILY TEAM BUILDING

Professional Development Courses at your fingertips.

Learn specific skills that help advance personal or professional development

- Military Life...What Does It Mean?
- Exploring Personality Traits
- Successful Team Dynamics
- Overcoming Stress
- Winning at Time Management
- Examining your Leadership Style
- Effective Communication for Leaders
- Supporting Others through Coaching and Mentoring
- And more...

**Registration Required**

1. Level 1 Military Knowledge (M) Discover how to decipher Army acronyms, utilize community resources, obtain proper leave and understand the good and impact of the Army mission on daily life.
2. Level 2 Personal Growth and Resilience (G) Discover how to overcome and grow how to make problems, and how to resolve personal conflict.
3. Level 3 Leadership Development (L) Thrive in the Army and civilian life by expanding leadership skills and effective communication techniques and learning to mentor others into leadership positions.

Contact the AFTB office for questions or for additional information: **254-287-1127** or email: [usarmy.hood.incom-fmwrc.list.aftrb@mail.mil](mailto:usarmy.hood.incom-fmwrc.list.aftrb@mail.mil)

HOOD.ArmyMWR.com

## The ARMY FAMILY WEB PORTAL

Get Connected, Stay Connected




The Army Family Web Portal (AFWP) provides content that will help you stay up-to-date with ACS news, announcements, and events, learn about the available ACS Family Programs, and access the software applications that support those programs.

Get connected to the new Army Family Web Portal today!

Visit: [www.armyfamilywebportal.com](http://www.armyfamilywebportal.com)

## ARMY FAMILY ACTION PLAN

"BE AN AGENT OF CHANGE"



IF IT'S A PROGRAM OR SERVICE, AFAP CAN IMPROVE IT.  
IF IT'S A POLICY OR REGULATION, AFAP CAN CHANGE IT.  
IF IT'S A LAW, AFAP CAN AMEND IT.

The Army Family Action Plan (AFAP) is your platform to voice quality-of-life issues, feedback, ideas, and suggestions. It's the best way to let Army leadership know about what works, what doesn't, and how you think problems can be resolved.

### PROVEN RESULTS

- TRANSFERABILITY OF POST 9/11 GI BILL BENEFITS TO DEPENDENTS
- FAMILY CARE PLAN PROVIDER ACCESS TO INSTALLATIONS
- PATERNITY LEAVE FOR SOLDIERS
- CREATION OF FAMILY READINESS GROUPS
- BETTER OPPORTUNITY FOR SINGLE SOLDIER (BOSS) AND ARMY FAMILY TEAM BUILDING (AFTB) PROGRAM
- AVAILABILITY OF AUTHORIZED TRICARE PROVIDERS
- TRAUMATIC BRAIN INJURY (TBI) REHABILITATION PROGRAM
- IN-STATE COLLEGE TUITION
- AUDIO / VISUAL SURVEILLANCE IN CHILDCARE CENTERS
- FEDERAL EMPLOYMENT MILITARY SPOUSE PREFERENCE

How can you submit an issue?  
Issues are accepted year-round  
email: [usarmy.hood.incom-fmwrc.list.ACS-AFAP@mail.mil](mailto:usarmy.hood.incom-fmwrc.list.ACS-AFAP@mail.mil)

For additional information or to become a part of the AFAP process, call 254-287-1127  
[hood.armymwr.com/programs/army-family-action-plan](http://hood.armymwr.com/programs/army-family-action-plan)

VERSION 2 - 5 MAY 21

## Report Domestic Violence or Child Abuse

**24/7 Hotline**  
**254-287-CARE (2273)**

HOOD.ArmyMWR.com



## Workshops, Activities and Trainings

# Army Community Service

*Real-Life Solutions for Successful Army Living*

## July 2021 Calendar of Events

## ARMY COMMUNITY SERVICE HAPPY BIRTHDAY



**JULY 25**

*Your Connection to Community Information*

## 287-4ACS (4227)

<https://hood.Armymwr.com>  
[www.armyfamilywebportal.com](http://www.armyfamilywebportal.com)  
[www.militaryonesource.mil](http://www.militaryonesource.mil)  
1-800-342-9647





# Army Community Service Calendar of Events

**Thursday, July 1– Tuesday, July 6**  
III Corps and Ft. Hood Remembrance Memorial Display  
24/7 • Sadowski Field • Call: 368-5365

**Thursday, July 1**  
**Resilience Lunch & Learn (Assertive Communication)**  
11:30 am – 1:00 pm • Bldg. 18000 • Call: 288-2794

**Wednesday, July 7**  
**R.E.A.L. SFRG Foundations/ Informal Fund Custodian Training**  
8:30 am – 11:30 am • Virtual class • Call: 288-2794

**Thursday, July 8**  
**R.E.A.L. SFRG Foundations/ Key Contact Training**  
5:30 pm – 8:30 pm • Bldg. 18000 • Call: 288-2794

**Monday, July 12 – Tuesday, July 13**  
**Community Resource Course**  
9:00 am – 2:30 pm • Bldg. 18000 • Call: 288-2794

**Tuesday, July 13**  
**Exceptional Family Member Program Orientation**  
10:00 am – 11:30 am • Virtual class • Call: 287-6070

**Tuesday July 13 – Wednesday, July 14**  
**R.E.A.L. SFRG Foundations/ Volunteer Training**  
5:30 pm – 8:30 pm • Virtual class • Call: 288-2794

**Wednesday, July 14**  
**R.E.A.L. Command Team SFRG Training (CDRs/1SGs)**  
9:00 am – 12:00 pm • Virtual class • Call: 288-2794

**CARE Team Training**  
5:30 pm – 8:30 pm • Virtual class • Call: 288-2794

**Friday, July 16**  
**CDR / 1SG Spouse Seminar**  
9:00 am – 4:30 pm • Bldg. 18000 • Call: 288-2794

## Monthly Recurring Classes and Workshops

**Monday, July 26 – Wednesday, July 28**  
**Rear Detachment Operations Course**  
8:30 am – 12:00 pm • Bldg. 18000 • Call: 288-2794

**Thursday, July 1 & 15**  
**Blended Families Workshop**  
9:00 am – 12:00 pm • Virtual class • Call: 287-5066

**Thursday, July 7 & 28**  
**Explore, Learn, and Play “Storybook & Craft Time”**  
10:00 am – 10:30 am • Virtual class • Call: 287-2286

**Tuesday, July 13, 20 & 27**  
**Infant Massage**  
9:30 am – 10:30 am • Virtual class • Call: 287-2286  
**Family Violence Prevention Training (PT)**  
9:30 am – 11:00 am, 1:30 pm - 3:00 pm •  
Palmer Theater • Call: 288-2092

**Tuesday, July 13 & 27**  
**Volunteer Management Information System (VMIS), Organization Point of Contact (OPOC) Training**  
10:00 am – 11:30 am • Virtual class • Call: 287-2327



Going through some things and need to talk to someone?

**Military Family Life Counselors - TeleHealth Services**

MFLCs are licensed professional clinicians. Non-medical counseling services are provided onsite, telephonically and virtually with Zoom video for Military Personnel and their Families.

For assistance:  
Monday - Friday from 8am - 5pm  
Call 254-553-4705  
After 5pm or anytime Saturday and Sunday  
Military OneSource (800) 342-9647

MFLCs Can HELP!!!  
Hood.ArmyMWR.com



Army Community Service  
Family Advocacy Program

For more information and to register:  
Call the New Parent Support Program  
(254) 287-2286

**BOOT CAMP**  
**For New and Expectant Dads**

This class educates new and expectant fathers on parental roles and responsibilities, and helps them develop strategies to adopt and cope with a new baby. Boot Camp is an interactive workshop for Dads only. Hooah!

Some of the topics to be covered are:

- Introduction to pregnancy and lifestyle changes
- Effective strategies for helping mom and baby
- Basic infant care and bonding for dads
- Shaken Baby Syndrome prevention
- Coping strategies for crying infants and small children



Army Community Service / Family Advocacy Program

Open to all  
DOD ID Card Holders

- Signs and symptoms of stress
- Stress management techniques
- Anger and conflict management

2nd and 4th Thursday of each month  
9:00 a.m. - 4:30 p.m.  
Virtual Class  
(Registration required for participation)

To Register: Call: (254) 618-7443 / 288-2092 or Email: usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil



Fort Hood Army Community Service  
Family Advocacy New Parent Support Program

**Virtual Infant Care for Parents**

2nd Thursday of each month  
1:00 p.m. - 2:30 p.m.

New and Expecting Parents join us and learn about basic care for infants.

- Infant Feedings and Feeding Schedules
- Burping
- Bathing
- Umbilical Cord Care
- Diapering and Changing
- Swaddling
- Soothing Techniques of Crying Infants

For more information and to register: Call (254) 287-2286  
Email: usarmy.hood.incom-fmwrc.list.acs-NSPS@mail.mil



Fort Hood Army Community Service - Family Advocacy Program

**RELATIONSHIP ENRICHMENT Workshop**

Building a Healthy Relationship  
Discovering Your Personality  
Understanding Expectations in Your Relationship  
Improving Communication & Intimacy  
Supporting Your Partner

Classes are held the 2nd Wednesday of every month, 9:00 a.m. - 4:00 p.m.  
Virtual Class  
(Registration Required for Participation)

To Register:  
Call: (254) 618-7504/288-2092 or Email: usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil



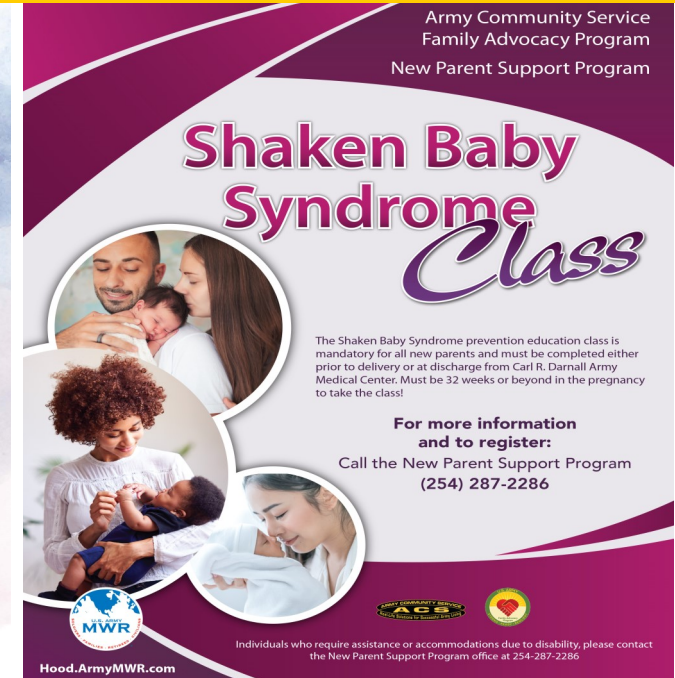
Fort Hood Army Community Service • Family Advocacy Program

**Common Sense PARENTING**

Individuals with children 4 to 12 years old interested in discussing parenting issues will learn skills to encourage positive behavior, discourage negative behavior and to teach their children alternatives to problem behavior.

Classes are held on 2nd & 4th Tuesday of every month, 9:30 a.m. - 11:30 a.m.  
Virtual Class  
(Registration Required for Participation)

To Register:  
Call: (254) 618-7443/288-2092 or Email: usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil



Army Community Service  
Family Advocacy Program  
New Parent Support Program

**Shaken Baby Syndrome Class**

The Shaken Baby Syndrome prevention education class is mandatory for all new parents and must be completed either prior to delivery or at discharge from Carl R. Darnall Army Medical Center. Must be 32 weeks or beyond in the pregnancy to take the class!

For more information and to register:  
Call the New Parent Support Program  
(254) 287-2286

Individuals who require assistance or accommodations due to disability, please contact the New Parent Support Program office at 254-287-2286



Fort Hood Army Community Service  
Exceptional Family Member Program

**EFMP Family Support**

Open to Military Families with Special Needs

**RESOURCE CONNECTIONS SUPPORT GROUP**

2nd Wednesday of each month  
11:30 a.m. - 12:30 p.m.  
Virtual Class  
(Registration Required for Participation)

• This is for parents/children who have a disability and desire to make connections with others and share their knowledge  
• Obtain information through Subject Matter Expert (SME) guest speakers  
• Connect with EFMP Staff for information and resources

For more information and to register (254) 287-6070 or email: usarmy.hood.incom-fmwrc.list.acs-EFMP@mail.mil



Fort Hood Army Community Service - Family Advocacy Program

**Preparing for Marriage**

Participants will qualify for the State of Texas 72 hour Exemption and will receive a \$60 discount on Texas marriage license.

Virtual Class  
(Registration Required for Participation)

- Discuss important topics of commitment
- Understand your partner's expectations and role
- Learn the impact of personal beliefs
- Consider cultural differences
- Acquire conflict resolution styles
- Gain insight about financial decision
- Recognize the importance of support systems

All DOD ID Cards Holders  
First Wednesday of Each Month  
9:00 a.m. - 4:00 p.m.

To register, call 254-286-5338 / 288-2092, or email: usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil